

# Introducing Food and Water

Puppies can start the weaning process and be introduced to wet food as early as three weeks or when their teeth start to erupt. Puppies who can sit and stand are going to have an easier time figuring out how to eat on their own.

Unless otherwise directed, weaning should be done gradually. This process can take a few days to a few weeks.

## Supplies

- Shallow bowl or plate or group feeder
- Wet (Canned) Food for Puppies
- Disposable or washable pee pad (for dining on)
- Fork

## Step-by-Step

1. Whisk using a fork) wet food to create a whipped texture. Add water if needed to loosen. You want a mousse-like texture.
2. Place in bowl, plate, or a group feeder, then place vessel onto a disposable or washable pee pad (or anything else that works as a “tablecloth”).
3. Offer wet food on your fingertip or a fork to puppy to smell and taste. Try with each puppy a few times.

Some puppies get it instantly, and once you have a few figure it out, the others will learn by seeing littermates.

Once puppies are eating wet food, they need to have access to a shallow bowl of fresh water. Swirl your finger in the water and give puppies a taste to encourage trying it. Mom can also help teach them!

Let mom clean up food-covered puppies or wipe them down!

